Learning by the Lake: Clinic Program Brings Elder Law Update to Canandaigua Audience

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 Law School component of the initiative. Robert Spampata ’04, who directs the of Management. At the time, it was only between the Law School and UB’s School

Wronged investors call for help at UB Law’s Securities Law Clinic

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n increase in the rate at which new graduates of UB Law School succeed on the New York Exam has insti-

Clinic program brings elder law update to Canandaigua audience

In UB Law School’s clinical pro-

Learning by the lake

Passing fancy

UB Law grads achieve higher passing rate on the state bar exam

and long-term care services in the Finger Lakes region, choices in home care, and Medicaid payments for long-term care. Since founding the clinic in 1982, Sczygziel has done similar trainings throughout the state of New York, and for the elder law sections of the Erie County and New York State bar associa-

ters, and navigating administrative procedures is not a skill that comes natural. For many, the bar exam is seen as a marathon, and as such, it’s natural to be nervous about what lies ahead.

Our legal framework is based on the assumption that people have the right to make decisions about their lives, but the bar exam is a test of how well someone can make these decisions. It’s a test of knowledge, skills, and abilities that they need for en-

And so, the question is not whether there is a right to be nervous about the bar exam, but how to manage that nervousness. Here are a few tips to help you calm down and focus on passing the exam:

1. Prepare thoroughly:

   - Review the exam outline and topics covered in the syllabus.
   - Practice with past exam questions and sample questions.
   - Seek out study groups or tutoring sessions.

2. Manage your time:

   - Set realistic goals for each study session.
   - Break down your study material into manageable chunks.
   - Take regular breaks to avoid burnout.

3. Focus on the process:

   - Remember that the bar exam is just one step in a larger career journey.
   - Focus on what you’ve learned and how you can apply it in practice.

4. Take care of yourself:

   - Get enough sleep and eat a healthy diet.
   - Exercise regularly to reduce stress.
   - Consider seeking support from friends, family, or professionals.

5. Stay positive:

   - Keep a positive mindset and believe in yourself.
   - Celebrate small victories along the way.

By following these tips, you can reduce your anxiety and increase your chances of success on the bar exam. Remember, you’ve put in the work, and you’re ready to take on this challenge. Good luck!